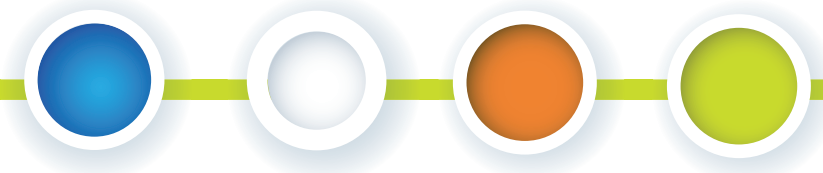


Martial Arts



This winter, build skills that last a lifetime!

Enrolling your kids in Tae Kwon Do at OCSC gives them:

Confidence * Focus * Endurance
Discipline * Strength



Class	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Regular - 17 & over		11:00am - 12:00pm				
Tai Chi						
Junior White - Adv. Orange	5:00 - 5:45pm		5:00 - 5:45pm			
Junior All belts		5:00 - 5:45pm				11:30am - 12:15pm
Junior White - Adv. Orange					5:15 - 6:00pm	
Family						10:15 - 11:15pm
Junior Green - Black	6:00 - 6:45pm		5:45 - 6:30pm			
Black Belt All ages				5:45 - 7:00pm		
Black Belt / Leadership Team 12 & up		6:00 - 7:00pm				
Regular	7:00 - 8:00pm	7:15 - 8:15pm		7:15 - 8:15pm	6:15 - 7:00pm	
Sparring & Curriculum			6:45 - 7:45pm	5:00 - 5:45pm		

Programs, classes or club operating hours may vary or in some cases be canceled based on inclement weather conditions, available staffing or other unforeseen circumstances. In these cases refer to our updated Facebook postings for the latest club operating information or contact the OCSC Front Desk at 845-651-1000.